



Model background

Sparked in 2013, compassionate communities (CCs) is a global movement dedicated to cultivating collective action and shared responsibility for the caretaking of individuals experiencing hardships, including the experiences

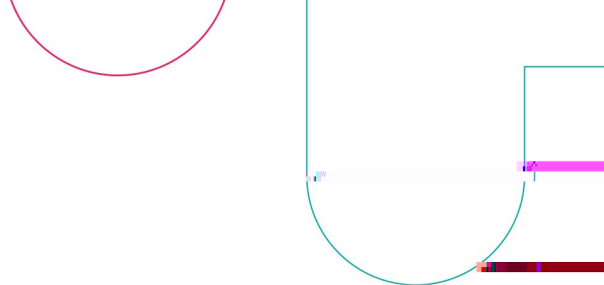
- Improve quality of life for people through mutual aid and practical support within communities.

Ultimately, CCs represent a community-led social model to provide social and practical support for people living with advanced illness – including people’s families and care partners. The model inspires, engages and empowers community groups to take an active role in the provision of psychosocial, spiritual and practical supports that aim to improve the experiences and well-being of individuals living in the community.

Enabling aging in place principles

Person-centredness is a core philosophy of HEC’s Enabling Aging in Place program. All the principles must be implemented in a person-centred way and reflect a deep understanding of community assets and the needs of older adults and their care partners.

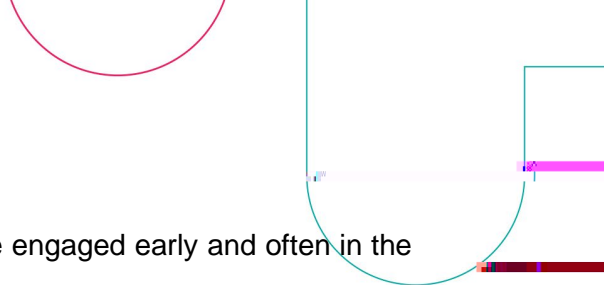
<p>Access to specialized healthcare services</p> <p>Programs improve access to services for older adults and caregivers, living in community to promote all forms of health including chronic disease management, and more accessible, safe and secure living environments.</p>	<p>Access to social and community support</p> <p>Programs are built around community assets and partners to improve social connections and reduce loneliness and social isolation of older adults and caregivers living in community, complementary to specialized healthcare supports.</p>	<p>Access to system navigation support</p> <p>Programs optimize the use of health and community assets and improve access to supportive services through personalized navigation and accompaniment to support older adults.</p>
<p>Adaptive and responsive</p>		
<p>Programs are tailored to the specific, individualized needs and preferences of o.4 (h per4/TT384.12r)3.pulnieds.4 T</p>		



Along the continuum of aging, CCs serve as an end-of-life program rooted in a health promotion approach to palliative care. The following reflects how CCs fulfil HEC's Enabling Aging in Place program principles:

Access to specialized healthcare services – They connect individuals with social and health services, resources and providers to directly support those affected by serious illness, caregiving, dying and grieving experiences.

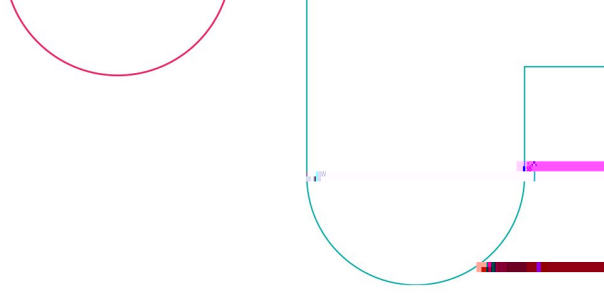
Access to social and

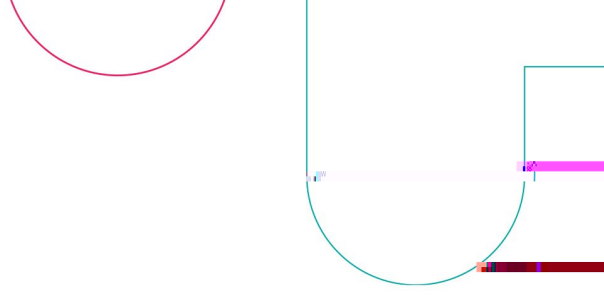



actors, leaders, assets and resources. Community members are engaged early and often in the development, implementation and sustainability of CCs.

Program team: As an intersectoral approach, CCs mobilize a variety of civic actors within professional healthcare or social systems (e.g. education, municipalities, community organizations, spiritual groups) and other informal organizations, in addition to individual actors, including patients, family members, neighbours and citizens. Due to the adaptable nature of CCs, teams and leaders may be composed of actors within formal or informal networks as determined by a given community.

Target population:







makers, people with lived experience and funders in a collaborative way.

- Explore models such as backbone organizations, pooled funding and collaboration on funding applications to support organizations to work together.
- Use community asset mapping to seek opportunities to engage non-traditional partners and encourage the integration of health and social supports.
- Support community leaders within and across communities with coaching and other resources.
- Be conscious of power relationships.
- Listen to, learn from and better support communities where intergenerational and compassionate care are a way of being (e.g. Indigenous communities, rural and remote communities)

